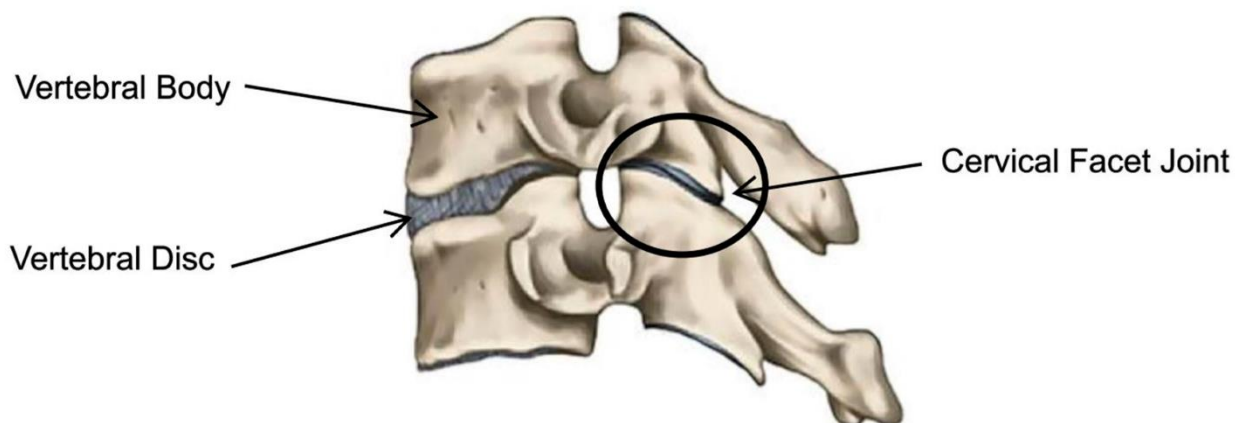
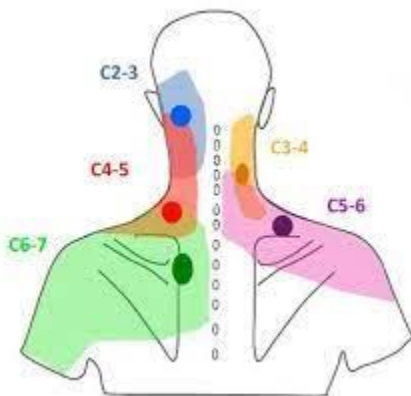


CERVICAL FACET JOINT PAIN

Cervical facet joint syndrome has several potential causes, such as repetitive movement, trauma, or arthritic changes.

Symptoms-

1. Neck pain that generally doesn't radiate into the arms
2. Upper back pain that can affect the shoulders
3. Pain between the shoulder blades
4. Headaches, typically located in the back of the head
5. Swelling and tenderness at the site of the inflamed facet joint



Treatment plans may include, physical therapy, chiropractic care, NSAIDS, ice, heat, facet injections or MBB's with the goal of a RFA procedure.

A cervical facet injection refers to a clinical procedure where a facet joint that is inflamed or injured within the neck is injected with steroids to reduce the pain. It is performed under the guidance of an x-ray.

A medial branch block is an injection that is a precursor for a RFA procedure that is a strong local anesthetic on the medial branch nerves that supply the facet joints.

Radiofrequency ablation is a procedure that uses heat from high-energy electromagnetic waves to destroy nerves that carry pain impulses. This procedure may be a treatment option for people who have already tried therapeutic injections and found that they only provided temporary relief from neck pain.